

Riddlewood Swim Club

Pool Rules

THOSE IN THE POOL AREA ARE SUBJECT TO THE AUTHORITY OF THE LIFEGUARD ON DUTY.
PARENTS AND GUARDIANS ARE RESPONSIBLE FOR SUPERVISING THEIR CHILDREN.
LIFEGUARDS ARE ON DUTY TO ENFORCE RULES AND RESPOND IN CASE OF AN EMERGENCY.

NO ONE MAY SWIM UNLESS THERE IS A LIFEGUARD ON DUTY.

- A bathing suit must be worn. No cutoffs, jeans, cotton t-shirts, or belts.
- Do not enter the water if you are experiencing or recovering from diarrhea or have had any signs or symptoms of a gastrointestinal (stomach) disease in the past seven (7) days.
- All children who require wearing a diaper must wear a “swimming” diaper in the pool.
- Children are encouraged to use the restroom before entering the water.
- Any person showing evidence of skin disease, sore or inflamed eyes, cold, nasal or ear discharge, or any communicable disease shall be refused admission. Persons with excessive sunburn, open blisters, cuts, or bandages shall also be refused admission.
- Children 7 yrs and younger, and/or wearing a flotation device (coast guard approved), must be accompanied by an adult (15 and older) **in the water - unless they have passed the Shark test or the Minnow test.** No more than 2 children per adult. **Children are to be within arm’s length of adult while swimming.**
- Swimmers must pass Minnow test in order to swim in 4-5 ft deep section of pool.
- Use of diving board and deep end swimming is limited to those who have passed the Shark Test which is administered by the lifeguard on duty.
- Lifeguards reserve the right to administer Shark/Minnow test to any swimmer.
- Children aged 12 & under must have a responsible adult in the pool area with them while swimming.
- Members must be 13 years of age or older to come to the pool without an adult.
- Members must be at least 15 years old to sign in a guest.
- No glass containers in the pool, pool deck area, or locker rooms.
- No food or drink in the pool.
- Running is not permitted on the pool deck.
- No hanging on the ropes.
- No diving in the shallow end or from the side walls. Diving allowed in deep end only. Starting blocks are for Swim Team use only.
- NO floats or rafts are permitted in the pool.
- Propane grills are available for use by all members. Please clean utensils and return grills to locker room after use.
- Smoking is prohibited on pool premises.
- We are a community oriented club. Respectful behavior is expected. Management reserves the right to ask patrons who do not follow club rules to leave the club premises.